

An Open Lesson

THE DOWNSIDE OF SPORTS

Unit: Sweating It Out

Textbook: On Track

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Date: June 2, 2009

Class: 8th grade

School: Da'at, Kibbutz Sa'ad

A Lesson Plan

School: Da'at, Sa'ad
Date: June 2, 2009
Class: 8th
No.pupils: 30

Teacher: Meital Rosenbloom
Textbook: On Track
Unit: 2
Topic: The Downside of Sports

Materials: whiteboard, flashcards, a picture of a judge and an athlete, texts, worksheets, a board game
page(s): 40-44

Time	Domain+Benchmark	SWBAT	Procedure / Activity/ Task	Enabling Skills	Vocabulary	Expansion
10 min.	<u>Social Interaction:</u> express personal opinions <u>Access to Information:</u> interpret information from visual aids <u>Presentation:</u> express ideas and opinions about the topic using main and supporting ideas	# predict the content of the lesson through visual aids. # discuss a situation described in a picture. # use their previous knowledge relating to the lesson.	Introduction to the topic of the lesson: # Put on the board a picture of a judge and an athlete. Ask the pupils: 1. Who are the people in the picture? 2. Where are they? 3. What do you think they are talking about? # Add word bubbles to the picture, and check the pupils' predictions. # Discuss the situation described in the picture: an athlete cannot participate in a competition because he started running before everyone else. # Ask the pupils: do you know of such cases?	# predicting # analyzing # speaking # expressing an opinion # vocabulary	Core # downside # drugs # record books # disqualified # tested positive # admit # found out	Expansion # athletes # beat # champion #competition #discovered #judges #medal #planned
10 min.	<u>Social Interaction:</u> engage in a short conversation	# write a dialogue according to a	# Give each pair of pupils a handout with the picture we discussed in the previous section, and ask them to	# writing # acting # engaging in a		

	<u>Presentation</u> : express ideas and opinions about the topic using main and supporting ideas	picture, and opening sentences. # present and participate in a role play in front of the class.	continue the dialogue between the judge and the athlete. They might want to present it to the class afterwards.	short conversation	
10 min.	<u>Access to Information</u> : extract information from visual aids	# predict the meaning of a word. # read, understand and use new words.	# Write on the board the word: downside , and ask the pupil what it means (a disadvantage). # Tell the pupils: "We are going to read a text about the downside of sports. Before we do that, I would like to teach you some new words". # Introduce the vocabulary.	# topic related vocabulary # reading	
5 min.	<u>Access to Information</u> : understand the main idea in a text <u>Social Interaction</u> : express personal opinions; interact for purposes such as agreeing and disagreeing <u>Presentation</u> : react to the content of something read	# extract information from the title of the text. # discuss issues that are raised in the text.	# Hand the pupils the text, and ask one of the pupils to read the titles of the text and explain it a bit. # Read the first paragraph about Carola Nitschke together with the pupils, and discuss it.	# reading # analyzing # speaking # expressing opinion	
10 min.	<u>Access to Information</u> : understand the main idea in a	# analyze a text and	# Ask pupils to read the other paragraphs alone, and answer	# reading # vocabulary	

	text; extract relevant information <u>Presentation</u> : present information taken from the text	answer questions about it. # identify the main idea in a text.	questions on a worksheet. # Write on the board titles, and ask pupils to match each title to a paragraph. # Check some important questions together with the pupils.	# matching # finding a main idea # writing # skimming	
Extra	<u>Presentation</u> : answer questions about the topic	# use the knowledge they have acquired during the lesson.	# <u>A game</u> : Tic Tac Toe (or other relevant game) when the class is divided into two groups. The teacher asks questions (riddles are better) about the text, and the group that answered correctly gets to put her mark on the board in order to make a sequence of marks and win the game.	# speaking # vocabulary	

The White Board

Tuesday June 2nd, 2009

The Downside of Sports

New Words:

downside

drugs

record books

disqualified

tested positive

admit

found out

A picture of a judge and an athlete

Match a title to each story.

1. Shock 15 Years after the Seoul Olympics
2. Vitamins or Drugs?
3. He Lost Before He Started
4. Tricking the Judges

The Downside of Sports

Athletes train for years to get ready for big competitions. Often they have only one chance to succeed. What happens when things go wrong?

1

Carola Nitschke was a champion swimmer from Germany. Her trainers gave her steroids from the time she was 13 years old. Her trainers wanted her to beat the Americans so they told her the drugs were vitamins! Carola found out the truth 20 years later. In December 1998, she gave back her medals and asked that they take her name out of the record books. Another swimmer said, "I can't believe they did that to her".

2

Ian Thrope from Australia wanted to swim in the 2004 Olympics in Athens, Greece. He was the fastest swimmer. He hoped to win seven gold medals in the swimming competitions. In a race to decide which swimmer would go to the Olympics, something terrible happened. He heard a noise and jumped into the water before the race began. The judges said that he was disqualified. Ian didn't even swim in the race. A trainer said, "In a swimming competition, you must not jump into the water before the race begins!"

Ben Johnson was a runner from Canada. He beat the American runner Carl Lewis and won the 100- meter race in the 1988 Seoul Olympics. He won the gold medal but he was happy for only a short time. He tested positive for drugs. He was told, "You have to give back your medal and you can't run in the competition for two years." His gold medal went to Carl Lewis.

3

4

Sergio Motsoeneng was sure he could win a running marathon in South Africa in July 1999. He and his older brother, Sefako, planned to trick the judges. Sefako ran for part of the race. The judges saw that Sergio was wearing different watches at different times in the race. That is how they found out that Sergio's brother, Sefako, had run part of the race for him. Sergio admitted to the judges that he had cheated and was immediately disqualified.

The Downside of Sports

A. Complete the passage with the words below!

downside	record books	Disqualified	admitted	found out	judge
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One of the athletes on my swimming team won first place. He took the gold medal. One week later someone told the (1)_____ that the winner started before everyone else did. The judge (2)_____ that the winner of the race started a second before the gun went off. The champion (3)_____ that he had jumped into the pool just before the gun went off. The judge said the swimmer was (4)_____ and that he has to give back his gold medal. Now, they need to take his name out of the (5)_____.

B. Fill in the missing information in the following chart!

	Name of athlete	Type of sport	Country	Why eliminated from race/ competition
1				He tested positive for drugs.
2			Germany	
3			South Africa	
4		swimming		

C. Answer the following questions!

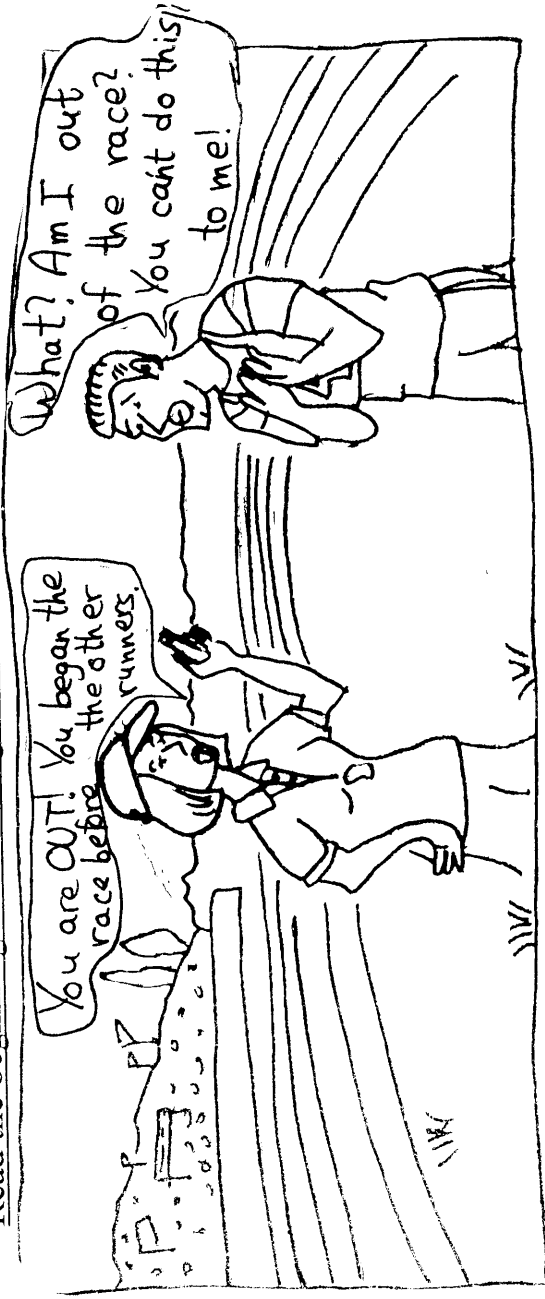
1. Who gave Carola steroids? Why did they do it?

2. What happened to Ian in the race? What did the judges decide?

3. Why was Ben Johnson happy for only a short time?

4. How did the judges know that Sefako ran part of the race?

Read the beginning of the dialogue between the athlete and the judge!



Now, continue the dialogue!

- Judge:** _____
- Athlete:** _____
- Judge:** _____
- Athlete:** _____

W.G.H

Read the beginning of the dialogue between the athlete and the judge!

Now, continue the dialogue!

Judge: _____.

Athlete: _____.

Judge: _____.

Athlete: _____.

Read the beginning of the dialogue between the athlete and the judge!

Now, continue the dialogue!

Judge: _____.

Athlete: _____.

Judge: _____.

Athlete: _____.